



LENT ACTIVE



THE NEWSLETTER OF THE KENT ACTIVE RETIREMENT ASSOCIATION

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"Giving Up Covid for Lent, is Time Well Spent!"
Dr. Enoch U. Batley (*Chiroptologist & Poet*)



Photography by Graham Pover. Graham can be contacted at gpoeverphotography@btinternet.com

A Message from our Chairlady Joan Rhodes

Dear Kentara Members,

It feels like we have had a taste of Spring already, and I hope this is a forerunner of a famous summer.

We can see the light at the end of the tunnel thanks to the vaccination programme, but as we all know we can't get complacent, and really must ensure that we have our second vaccine jabs, and not rely on just the one. Of course even after the second jab, we need to wait at least another 14 days for it to take full effect, with the suggestion that Seniors could well do with waiting between of 3 to 4 weeks, after the jab to get its maximum protections. We will follow the governments guidelines closely, about when it might be possible to reopen Clubs safely for all, but it will need to be a decision taken solely at the discretion of each Club independently, in consultation with their own committees, and with the consent of their members, within the rules set out by the Government.

I don't know of any members who have not taken up the offer of the vaccination, and I am very proud of you all. However, because we cannot rely on some elements of the younger generation, and a small handful of conscientious objectors to get vaccinated, we must not chance to fate, that everyone has the well-being of others in their hearts, or indeed whether they will tell the truth when asked if they have had their vaccinations.

As the Queen said, not getting vaccinated is really an act of selfishness.

Perhaps it could even be called an act of premeditated ignorance, as now there is a mountain of growing evidence almost everywhere you look, on the vaccines efficacy.

Nevertheless, we have decided to postpone the KentARA AGM this year, and push it forward to 2022, in the belief that the pandemic will be further behind us from next spring onwards.

I look forward to sending out the '21st Year' KentARA Certicates soon.

Look after each other.

Love & Best Wishes,

Joan, and all the committee members of KentARA.

From the Dot-Matrix Printer of the Kent Active Newsletter Editor,

Mr. Wishy Washy togthedog@btinternet.com

Ed's thoughts...

Hi Everyone, this time last year, who would have envisaged what was in store for us over the forthcoming months? Lockdowns, false re-starts, with numerous Risk Assessments having to be compiled, to enable groups of six to meet up once again. Then on the 5th November, another strict Lockdown started until the end of March, BUT there was a Silver Lining, the "Vaccine Roll-Out", what a phenomenal undertaking. As one of the more elderly generation, I've been fortunate to have my first jab, so we have a reason to look forward to Midsummer, and hopefully a return to normality. Watch this space for future developments.

Last Months "What ARA") PaddARA Paddock Wood, another one next month!

Wishy Washies Joke of the Month:

Life Insurance. A contract that keeps you poor all your life - so you can die rich.

UNLOCKDOWN SCHEDULE

Stage 1 MARCH 2021

Monday 8th March

1. All Children in England back to School.
2. Two people allowed to Socialise together OUTDOORS only.

Monday 29th March 2021

1. Six people, or two Households (up to a max. of 6 people) allowed to meet OUTDOORS only
2. OUTDOOR facilities can open.

N.B. People Shielding should continue to do up to & including 31st March

Stage 2 APRIL 2021

Monday 12th April

1. Non-essential Retail, and Personal Care services can open. e.g. Hairdressers
2. Gyms Open.
3. Hospitality open - OUTDOORS only.

Stage 3 MAY 2021

Monday 17th May

1. Most Social contact rules lifted (OUTDOORS only)
2. Six people, or Two Households (max. of 6 people) can meet indoors.

Stage 4 JUNE 2021

Monday 21st June

1. All Remaining Restrictions End

For greater detail visit: <https://www.gov.uk/coronavirus>

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>

<https://www.gov.uk/government/publications/covid-19-response-spring-2021>

Additional Food for Thought.

Not until you have had your second Vaccination, plus a month for it to take full effect (31 days), will you have the greatest immunity against Covid-19!

Observe: HANDS - FACE - SPACE

DON'T BE A MUG, AND BECOME SMUG.

P.S. Get ready for a Covid-19 Booster shot against the Covid-19 South African variant, if you are contacted around the end of the year.